

FCB/FCX Indoor Practice Schedule Winter 08-09

Start Date: Monday November 3

**All practices will be held at Lake Barrington Field House:
28156 W. NorthPointe Parkway, Lake Barrington, Illinois 60010
(Off Pepper Road, just north of Illinois Route 14)**

<u>Program</u>	<u>Staff Coach</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Thursday</u>
Skills Academy	SP/FK/CB			5.00-6.00pm 1/6
3 v 3	JK/SP/RS/GG/FK		5.30-7pm 1/6	4.00-5.00 pm 1/3
Center of Excellence	ES	4.00-5.00pm 1/6	5.00-6.00pm 1/6	
HS Boys 5 v 5	JK/SP			7:30-9:00 1/6
<u>Team Names</u>	<u>Staff Coach</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Thursday</u>
U8 Boys Black	Emily Snyder	5:00-6:00 PM		5:00-6:00 PM
U8 Girls Black	Emily Snyder	6:00-7.00pm		4:00-5:00 PM
U9 Boys Black	Ginny Gilbert	4:00-5:00 PM		4:00-5:00 PM
U9 Boys Red	Ginny Gilbert	5:00-6:00 PM		5:00-6:00 PM
U9 Girls Black	Cindy Brenner	4:00-5:00 PM		4.00-5.00pm
U10 Girls Black	Eric Lee	5:00-6:00 PM		5:00-6:00 PM
U10 Girls Red	Eric Lee	4:00-5:00 PM		4:00-5:00 PM
U10 Boys Black	Saverio Traversa	5:00-6:00 PM		6:30-7:30 PM
U11 Girls Black	Eric Lee	6:00-7:00 PM	4.00-5.00pm	
U11 Girls Red	Eric Lee		5:00-6:00 PM	6:00-7:00 PM
U11Boys Black	John Koeune	5:00-6:00 PM		5:00-6:00 PM
U12 Girls Black	John Koeune	4:00-5:00 PM	5.30-7.00pm	
U12 Girls Red	Anne Yurkewycz	6:00-7:00 PM		6:00-7:30 PM
U12 Girls White	Ginny Gilbert	6:00-7:00 PM		6:00-7:30 PM
U12 Boys Black	Stuart Peek		4:00-5:00 PM	6:00-7:30 PM
U12 Boys Red	Greg Zafke	4.00-5.00pm		6:00-7:30 PM
U13 Girls Black	Ryan Snyder	7.00-8.00pm 1/3		5:00-6:30 PM
U13 Girls Red	Greg Zafke	5:00-6:00 PM		7:30-9:00 PM
U13 Boys Black	Freddie King	6:00-7:00 PM 1/3		7:30-9:00 PM
U14 Girls Black	Doug Cardosi	8:00-9:00 PM 1/3		7:30-9:00 PM
U14 Girls Red	Ray Krystal		6:00-7:00 PM	7:30-9:00 PM
U14 Girls White	Anne Yurkewycz		6:00-7:00 PM	7:30-9:00 PM
FCX U-15 Girls Black	Freddie King		7:00-9:00 PM 1/3	
FCX U-16 Girls Black	Stuart Peek		7:00-9:00 PM 1/3	
FCX U-16 Girls White	Ray Krystal		7:00-9:00 PM 1/3	
FCX U-17 Girls Black	Freddie King	7:00-9:00 PM 1/3		
FCX U-18 Girls Black	John Koeune	7:00-9:00 PM 1/3		
FCX U-15 Boys			4:00-5:30 PM 1/3	
FCX U-16 Boys			5:30-7:00 PM 1/3	
FCX U-18 Boys	Freddie King		4:00-5:30 PM 1/3	